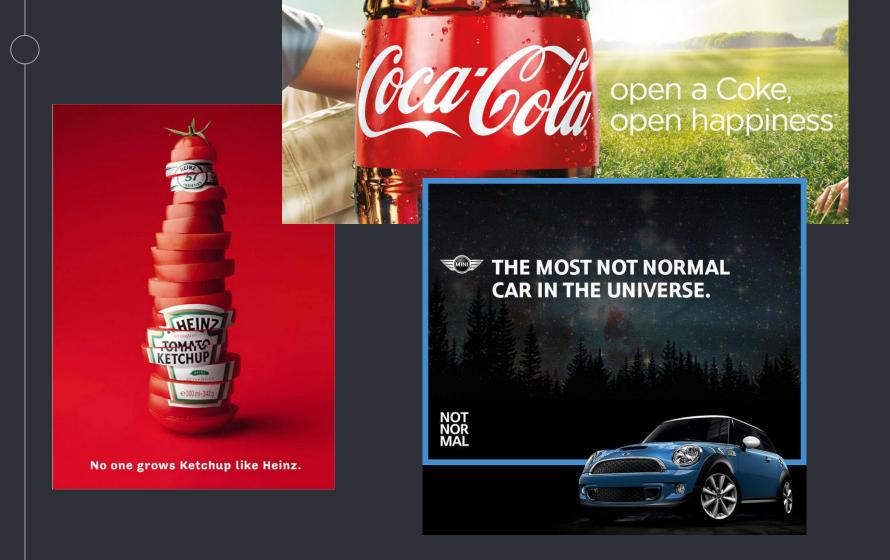
Beyond Scare Tactics & Statistics:

Communication Strategies for Behavior Change Campaigns





Marketing



Social Marketing



Human Factors



93%



Decision to answer phone call.

What doesn't work?

FEAR APPEALS



What works?

Social norms

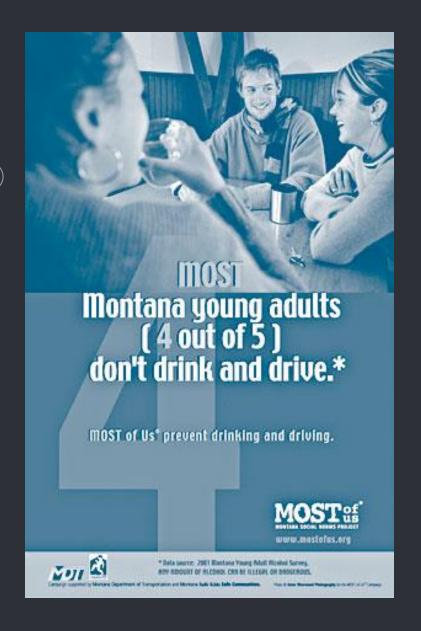


Please resuse your towels to protect the environment.

JOIN YOUR
FELLOW GUESTS
IN HELPING TO
SAVE THE
ENVIRONMENT.

Almost 75% of guests who are asked to participate help by reusing their towels more than once. JOIN YOUR
FELLOW GUESTS
IN HELPING TO
SAVE THE
ENVIRONMENT.

75% of guests who STAYED IN THIS ROOM used their towels more than once.



REDUCED normative misperceptions about peer drinking & driving.

Increased use of designated drivers.

Decreased drinking and driving among young adults.

Bystander Engagement

Empowered

I feel ready and confident to react & speak up.

Educated

I know what to say and how to speak up.

SEE SOMEONE ATTEMPTING TO DRIVE IMPAIRED?

BE THE HERO

NTERVENE

RELATE THAT YOU CARE

I care about you and don't want to see you wrapped around a tree.

ONE WORD: CHECKPOINT

My buddy told me there's a checkpoint tonight. You better crash here or get a ride share.

USE A STORY

My friend got a DUI and lost his license – not a fun way to end the night. I'm calling you a taxi.

BE INSISTENT

You're too drunk to drive. I'm calling you a ride.

RELATE TO PREVIOUS EXPERIENCE

You're too drunk to drive. We've all been there. Other people have stepped in for me to keep me safe. Let me call you a cab.

HOWEVER You DO You SPEAK UP IF YOU FEEL UNSAFE IN A VEHICLE

"Ease up, man. I'd rather be late than in a ditch."



NCZERO

The EMPOWERED PASSENGER

Anytime you are in a vehicle, you have the power to prevent a crash.

Passengers accounted for **nearly 1/3** of all traffic fatalities in the U.S. in 2013 (IIHS).

It is your right to speak up if you feel unsafe.

TRY THESE TECHNIQUES:

BE DIRECT

"You're making me nervous. Can you slow down?"

BE HELPFUL

"Here, let me text for you."

MAKE IT PERSONAL

If you know someone who was injured or killed in a crash, talk about it. "A friend of mine got in a bad wreck and I really don't want to go through what she did. Can you please pay attention to the road?"

BRING UP LAW ENFORCEMENT

"I've seen a lot of cops pulling people over today— you may want to slow down."

CALL ATTENTION TO BAD DRIVERS

Point out dangerous driving that you see on the road to set an expectation of safety. "I can't believe that person is tailing that other car! That's a wreck waiting to happen."

USE FACTS

In a car traveling 30 mph, a person not buckled up can have the same force as a midsize car when thrown in a crash. That impact can kill another passenger.

USE HUMOR

"Ease up, I don't look good in a stretcher

If possible, lighten the situation and avoid a defensive reaction.

BE PERSISTENT

Make up an excuse for them to stop somewhere.

GET OUT OF THE CAR

"I'm uncomfortable, so I'm just going to find another ride."

Most Importantly Explain in your own way why you feel unsafe, and make it personal.

BE YOURSELF

"You're freaking me out when you drive so close to other cars.

Even if you initially feel a little uncomfortable, most drivers will listen.

NCZERO

Thanks!

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NCVisionZero.org